# MAY 2013 INTERPRETIVE SCHEDULE



# Thursday, May 9, 2013

8:00 a.m. Hike – Eagle Rock

**5 – 6 Hours** 

Join Volunteer Naturalist Paul Larson for a hike through an oak forest into a beautiful meadow along the Pacific Crest Trail. Plan to snack at the Eagle Rock before returning to the starting point. Wear sturdy shoes and bring water for this 7-mile round trip. Meet at the Visitor Center parking lot.

### **Saturday, May 11, 2013**

### 12:00 p.m. Hike – Discovering the Archaeological History of the 'Ehmuu Morteros 2 Hours

Discover the hidden secrets of an ancient Kumeyaay Native American village site. Join Volunteer Archaeologist and Naturalist Sam Webb to explore both rock art and historic milling features. This 1.5 mile hike is over uneven terrain. Be sure to bring the usual water, hat, and sturdy footwear. Meet at the Morteros trailhead in Blair Valley, about 3 miles off Highway S-2 on a dirt road (turn into Blair Valley near mile marker 23).

### 1:00 p.m. Talk & – The Pollen Path: Seasonal Movements of Native Americans 1 Hour

Discover the amazing secrets of the Native Americans who lived in the area that is now Anza-Borrego Desert State Park. Join Volunteer Naturalist Steve Russell in an exciting journey through the past as we take a look at how early residents migrated to take advantage of different food supplies.

# **Saturday, May 18, 2013**

# 11:00 a.m. Walk & - Hardy Desert Survivors

45 Minutes

Join Certified Interpretive Guide Abby Barker as she introduces you to some unique and amazing hardy desert survivors in the garden, the desert plants. This is an easy walk around the visitor center garden. If the weather is too bad or hot, Abby will do a power point program in the Discovery Lab.

#### 1:00 p.m. Talk & – The Pollen Path: Seasonal Movements of Native Americans 1 Hour

Discover the amazing secrets of the Native Americans who lived in the area that is now Anza-Borrego Desert State Park. Join Volunteer Naturalist Steve Russell in an exciting journey through the past as we take a look at how early residents migrated to take advantage of different food supplies.

# **Saturday**, **May 25**, **2013**

#### 11:00 a.m. Walk 5 – Hardy Desert Survivors

**45 Minutes** 

Join Certified Interpretive Guide Abby Barker as she introduces you to some unique and amazing hardy desert survivors in the garden, the desert plants. This is an easy walk around the visitor center garden. If the weather is too bad or hot, Abby will do a power point program in the Discovery Lab.

# MAY 2013 INTERPRETIVE SCHEDULE



### **Tuesday, May 28, 2013**

# 1:00 p.m. Walk & - Desert Scents

1 Hour

Enjoy an easy stroll through the Visitor Center garden with Volunteer Naturalist Ingrid Coffin. Use your senses on this plant exploration program that meets at the Visitor Center entrance.

# Wednesday, May 29, 2013 1:00 p.m. Walk & - Desert Scents

1 Hour

Enjoy an easy stroll through the Visitor Center garden with Volunteer Naturalist Ingrid Coffin. Use your senses on this plant exploration program that meets at the Visitor Center entrance.

# DESERTSAFETY

#### ✓ Carry water AND drink it

Saving your water for the hike back has led to death in Anza-Borrego. Drink plenty of water before you leave home, while you hike, and on the return route. If you feel thirsty, it is already too late. Drink lots of water and drink often.

#### ✓ Make sure your vehicle is desert-ready.

Equip your vehicle for the desert. You should always carry extra water, a shade tarp, a shovel, a tire pump, and extra food.

#### **✓** Prepare yourself.

In addition to carrying water, you should have protective clothing, sunscreen, a hat, a good map, food and a first aid kit which includes a comb and tweezers.

#### ✓ Have a plan.

Leave all your trip information with a friend. Tell him/her your destination, the route you intend to follow, your expected return time, a description of your vehicle with license plate number, and the time by which he/she should notify park authorities in case you do not return.

#### ✓ Do not split up the group

Stay together. Never leave anyone behind to rest.

#### ✓ Leave snakes alone.

Many venomous snakes live in the desert. If you threaten them, they may strike. It is illegal to harass, catch, or kill any snake within Anza-Borrego. If bitten, remain calm and seek immediate medical attention.

#### ✓ When emergencies happen ...

Stop. Stay calm. Seek shelter. If you are with your vehicle, remain there; do not leave it. Signal with mirrors, white cloth, whistle (three short blasts on a whistle, pause, then three more, repeat frequently), and put your hood up. It is much easier to find a vehicle in the desert than a person!!!